

New to Holy Ghost Prep Summer Camp Programs: Ultimate Frisbee

August 2-6, 2010
9:00am – 3:00pm

Try something new this summer at Holy Ghost Prep Ultimate Frisbee Camp! HGP Faculty Member and Coach, Tom Croskey (founder of HGP Ultimate Frisbee Team) will be the head counselor will conduct the school's first ever Holy Ghost Ultimate Frisbee Camp. Tom is a UPA Certified Level 1 Coach and has captained numerous teams in Philadelphia Area Disc Alliance.

The program is designed to introduce and teach the fast paced game of Ultimate to beginner, novice, and intermediate players. The camp will teach the basic throws often used in a competitive game, offensive and defensive strategies, and the necessary skills that are necessary for the high school level. The spirit of the game will be emphasized in all areas throughout the week.

Campers are expected to bring cleats that support athletes when making sharp cuts and are stable enough to support athletes when jumping and landing. Each camper will receive a Holy Ghost Prep game disc at the beginning of the week.

Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone Number: _____

Primary Parent Contact Cell Phone Number: _____

Email: _____

Emergency Contact: _____

Emergency Phone

Number: _____

School Currently Attending: _____ Grade (Sept 2010): _____

Age: _____ Birthdate: _____

COST: \$175 per camper

Make Checks Payable to: Holy Ghost Prep

2429 Bristol Pike, Bensalem, PA 19020

TOTAL DUE: \$ _____

Discounts: \$25 for going to 2 HGP Summer Camps

\$30 for going to 3 HGP Summer Camps

\$35 for going to 4 HGP Summer Camps