

Holy Ghost Prep Basketball 2009 Skills Clinic

Prepare for the 2009 Season at the Skills Clinic hosted by the
Coaches at Holy Ghost Prep

WEDNESDAY EVENINGS – HGP FIREBIRD FIELDHOUSE
*PLEASE NOTE THE CORRECTION FROM A PREVIOUS MAILING.
THE PROGRAM IS ON WEDNESDAY (NOT MONDAY NIGHT)*

7:00PM TO 8:30PM

SEPTEMBER 23, 2009 THROUGH OCTOBER 21, 2009

The program is designed to help seventh and eighth graders prepare for the upcoming basketball season. Coaches will focus on getting players into shape, work through passing and shooting drills, scrimmage and build leadership and team skills.

Camp Staff

Coach: Tony Chapman * JV Coach: Jason Fisher * HGP Varsity Players

SAMPLE SCHEDULE:
700 – Warm Up and Stretch
715 – Skills Workout/Stations
745 – Scrimmage
815 – Stretch

COST:
\$125 per player
Includes clinic, t-shirt, and
giveaways.

FOR MORE INFORMATION:

Please contact: Jason Fisher * jfishe01@holyghostprep.org * 215-639-0811

SIGN UP – HGP 2009 Basketball Skills Clinic

Name: _____ Grade: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Current School: _____

Make Check Payable and Return to: Holy Ghost Prep
Basketball Skills Clinic
2429 Bristol Pike
Bensalem, PA 19020

***** PLEASE RETURN BY MONDAY, SEPTEMBER 20, 2009 *****