Baseball
 Enrichment
Holy Ghost Prep Summer Camps 2019 Track and Field **Basketball Learn to Row** Forensics Frisbee



Enrichment

Camp Times: 9 am - 2 pm Camp Location: Holy Ghost Prep Library Camp Director: Joe Gdovin Cost: 2 Weeks: \$500 / With lunch \$620 3 Weeks: \$750 / With lunch \$620 4 Weeks: \$1,000 / With lunch \$1,180 Information about the lunch program and a lunch menu will be sent upon registration. Contact: jgdovin@holyghostprep.org 215-639-2102 ext. 242

Camp Sat Holy Ghost Prep

Who:

Students (male and female) entering the 7th or 8th Grade in Fall 2019.

What:

Whether acquiring new math skills, preparing for a practice examination or improving reading comprehension and writing skills, students will be challenged to grow at the Holy Ghost Prep Summer Academic Enrichment Program. Through hands-on activities, small class sizes, and challenging curriculum, students will gain new academic skills and confidence while enjoying their summer. Students will have the opportunity to pursue many different activities and courses lead by Holy Ghost Prep teachers and graduates throughout the four week camp.

Campers will also prepare for the Holy Ghost Prep application process by practicing for the interview and taking an HSPT practice test—the same test used by Holy Ghost Prep for the entrance exam.

Courses:

Campers can choose 2, 3, or 4 weeks. Each week offers different classes and activities for students to learn from the arts, to communication, to robotics.

WEEK 1:

June 24 - 28 English, Math, Art, Science, and Robotics

WEEK 2:

July 8 - 12

English, Math, History, Science, and Engineering

WEEK 3:

July 15-19

English, Math, Developing Interview and Communication Skills, Forensic Science, and History

WEEK 4:

July 22-26

English, Math, How to Think (and Speak) on Your Feet, Science, Engineering

Baseball

Camp Dates: June 17 - June 21, 2019 Camp Times: 9am - 3pm Camp Location: Holy Ghost Prep Camp Director: Greg Olenski Cost: \$200 Contact: golenski@holyghostprep.org

Varsity Head Coach Greg Olenski is joined by the HGP coaching staff and current and former Varsity players to direct and counsel at the HGP Baseball Camp this summer. The methods and skill building techniques that we use at camp establish the fundamentals necessary to prepare the camper for his maximum achievement level. To that end, five former players are currently playing at Division I colleges and our 2016 graduate, Nolan Jones, is chasing his dreams in the Cleveland Indians organization. Individual instruction and team competition highlight each day culminating in the popular skills competition on Friday. Join the fun.

Tennis

Camp Dates: June 24 - June 28, 2019 Camp Times: 9am - 2pm Camp Location: Bensalem High School Courts Camp Director: Justin Goulet Cost: \$235 Contact: 215-639-2102 ext 242 jgoulet@holyghostprep.org The HGP tennis camp will be held at the Bensalem High School tennis courts at 4319 Hulmeville Road, Bensalem, PA 19020. USPTA certified teaching professional and current HGP head tennis coach Justin Goulet will run the camp with assistance from HGP junior varsity tennis coach Tom Eckerle and a highly qualified staff of top collegiate and high school players. Campers should come dressed to play with their own racquets. The camp will feature a combination of stroke production, strategic drills, and match play. Both boys and girls will greatly benefit from the camp.

Track and Field

Camp Dates: July 29 - August 2, 2019 Camp Times: 9am - 3pm Camp Location: Holy Ghost Prep Camp Director: Hugh Mundy Cost: \$200 Contact: hmundy4@comcast.net 215-639-2102 ext. 242

The emphasis of the camp is on boy and girl athletes enjoying a positive experience having fun, developing leadership skills, and learning about all aspects of track and field, including the personal traits needed to be successful in sports, school, and life.

Coach Hugh Mundy and high school coaches John Mundy, Joe Gdovin, Mark Staudenmeier, and Chuck Lumio will instruct athletes in all areas of track and field. They will be assisted by Holy Ghost graduates and current track and field athletes. The staff also includes female athletes from area girl's high schools.



Athletes will participate in the jumps, throws, sprints, hurdles, relays and distance events. Grouped by age and gender, athletes will rotate through stations to learn about various events and topics. The daily schedule includes warm up activities, event explanation and skill practice, film study, discussions on various aspects of track and field including mental preparation, diet, rest, and an introduction to weight training. The camp will end with a mini-meet and awards will be given to the top participants.

Basketball

Camp Dates: July 8 - July 12, 2019 Camp Times: Monday - Thursday 9am - 3pm, Friday 9am - 2:30pm Camp Location: Holy Ghost Prep Firebird Fieldhouse Camp Director: Tony Chapman Cost: \$200 Contact: 215-639-2102 ext. 242 tchapman@holyghostprep.org

Holy Ghost Prep head coach Tony Chapman will conduct his 40th camp with the aid of the HGP coaching staff plus current and former HGP players. Both boys and girls are invited and the camp staff will consist of both male and female counselors. Campers should come dressed to play. Individual instruction, a personal evaluation, and an emphasis on fundamentals will be the focus of the camp. Past guests have included: Phil Martelli, head coach of St. Joseph's University and Fran Dunphy, head coach of Temple University. Come check out our Basketball Camp — YOU WILL NOT BE DISAPPOINTED !

Soccer

Camp Dates: July 15 - July 19, 2019 Camp Times: 9am - 3pm Camp Location: Holy Ghost Prep Camp Director: David Simpson Cost: \$225 Full Day; \$150 Half Day Contact: 215-639-2102 ext. 242 davasimo@yahoo.com

The purpose of this camp is to develop the skills of individual boys and girls within the concepts of teamwork and sportsmanship. Our goal is to help each player improve his or her skills and knowledge of the game and to help them be the best player they can be. Morning sessions will focus on individual instruction such as foot skills and small-sided play. The afternoon sessions will focus on futsal, team play and competitions. Each camper will receive a camp T-shirt.

Players are required to wear shin guards and soccer cleats. Please dress appropriately for the warm weather. Sneakers should be packed and brought each day for activities in the field house.

HGP camp director and associate head coach David Simpson holds licenses from the USSF, NSCAA, Coerver Coaching, Brazilian CBF, Scottish FA and UEFA. Simpson has coached at various levels throughout the USA and Europe including State & Regional ODP, NCAA Division I, ODP National Champions, assistant director of Coaching Youth Club as well as boys and girls high school teams. Simpson is joined by varsity head coach Ken Lawson and freshman head coach Amanda Kirby.

Ultimate Frisbee

Camp Dates: July 22 - July 25, 2019 Camp Times: 6pm - 8pm Camp Location: Holy Ghost Prep Camp Director: Tom Croskey Cost: \$150 Contact: 215-639-2102 ext 242

tcroskey@holyghostprep.org

Holy Ghost Prep's Ultimate Frisbee head coach Tom Croskey is hosting a week long Ultimate Frisbee camp this summer for all levels of play. With the help of current players and alumni, camp participants will have the opportunity to learn everything necessary to play and compete at the highest level of one of the fastest growing team sports in America. No experience is necessary.

Counselors will teach everyone how to flick, huck, cut, mark, stack, and run a few different zone defenses. Take this opportunity to learn the basics, to enjoy the feeling of running down a long floating disc, or to get a head start on competitive high school Ultimate Frisbee.

Lacrosse

Camp Dates: June 24- June 28, 2019 Camp Times: 6pm - 8pm Camp Location: Holy Ghost Prep Camp Director: Ryan Tessler Cost: \$180

Contact: 215-639-2102 ext 242 516-835-5561 rtessler@holvghostprep.org

HGP lacrosse camp, directed by Ryan Tessler, features past HGP alums who compete at the collegiate level will also be there as counselors, offering expertise in defense, dodging, shooting, face-offs, goalie play and stick skills. Our coaching staff will be supervising the camp.

Many players from our program have gone on to compete at the Division 1, Division 3 and MCLA levels. We have had two alums in Brett Manney '04 and Greg Wozniak '13 go professional in the sport. Campers will get the full HGP varsity experience learning from counselor demos, drills, video and competition.

All campers should provide their own equipment including: helmet, gloves, elbow pads, shoulder pads, stick, cleats/sneakers, water bottle, and a mouthguard.

Learn to Row

Camp Dates: June 24 - 28, 2019 Camp Times: 8am-12pm Camp Location: Core Creek Park, Langhorne, PA (boat ramp) Camp Director: J. D. Bridges Camp Cost: \$325 Contact: 215-639-2102 ext 242 615-975-4330 ibridges@holvghostprep.org



HGP's Learn to Row camp will introduce campers who are rising 7th-10th graders, boys or girls, to the basics of rowing. Rowing is HGP's newest sport and has grown tremendously in four years, placing all athletes in the top ten in the City in their first year and sending two athletes to Division I schools with a scholarship in its second.

Campers will learn the fundamentals of boat handling, terminology, a high school season, and of course how to row! We'll do both sweep (one oar per person) and sculling (two oars per person) on the sheltered, calm waters of Lake Luxembourg in Core Creek Park where Holy Ghost Prep and Villa Joseph Marie HS practice during the year. Coaches include HGP's head coach and VJM director of rowing J. D. Bridges and other coaches from both schools, as well as current athletes and alums from both programs.

(Campers interested in Learn to Row with HGP must be at least 5 feet tall and be able to swim)

Forensics

Camp Dates: July 29 - August 2, 2019 Camp Times: 9am - 12pm Camp Location: Holy Ghost Prep Camp Director: Patrick McGhee Cost: \$250 Contact: pmcghee@holyghostprep.org

Learn to speak with confidence and passion with a nationally ranked speech and debate team. Through improv games, vocal coaching, and acting workshops, our award winning team members will lead you to be nail that presentation, impress that paramore, or win the final round.

Come spend the week of July 29th to August 2nd with us!

Rock Band

Camp Dates: June 24 - 28, 2019 Camp Times: 2pm - 5pm Camp Location: Holy Ghost Prep Holt Center Camp Director: Peter Devine Cost: \$175

Contact: pdevine@holyghostprep.org

This camp is designed for the developing young musician who is interested in learning the rock idiom. The program is open to boys and girls in grades 6 - 8 as well as high school students. large ensemble, music theory, individual coaching, and small ensembles are all part of this learning experience. The emphasis of the program will be on traditional rock band Instruments. However, all instrumentalists and singers are welcomed and encouraged to attend.

Drama

Camp Dates: June 10 - 28 | July 8 - 26 | July 29 - August 6, 2019 Camp Times: 9am - 2pm (aftercare available until 5:00pm for \$10 per hour) Camp Location: Holy Ghost Prep Holt Center Camp Director: The Drama Club Cost: \$550 Contact: 215-469-2109 info@thedramaclubpa.com

> Young performers will really have a chance to shine on stage this summer in each or our 3-week camp productions of *Legally Blonde Jr., The Little Mermaid Jr.,* and *Bye Bye Birdie: Young Performers Edition.* Our limited cast size offers individualized attention and an opportunity to stand out and be featured. Whether you're a seasoned performer or new

to the stage, these camps will help develop your acting, singing, and dancing. Maria and Andy Theodorou from Bensalem's The Drama Club will lead the camp, held in Holy Ghost's new Frederico Performing Arts Theater.

SESSION 1 | June 10 - 28

For those students not yet on summer break, we will hold auditions and callbacks on June 10th and 11th from 4pm-7pm, and rehearsal on June 12th from 4pm-7pm."

The Drama Club's 3-Week Camp Production of *Legally Blonde Jr.* Performances June 27 and June 28 at 5pm.

This camp is open to boys and girls entering grades 5-8.

SESSION 2 | July 8 - 26

The Drama Club's 3-Week Camp Production of *The Little Mermaid Jr.* Performances July 25 and July 26 at 7pm.

This camp is open to boys and girls entering grades 2-4 and 5-9.

SESSION 3 | July 29 - August 16

The Drama Club's 3-Week Camp Production of Bye Bye Birdie: Young Performers Edition.

Performances August 15 and August 16 at 7pm.

Jessica Ciaramella, Holy Ghost Prep's theater director, will be joining Andy and Maria during this session of camp.

This camp is open to boys and girls entering grades 2-4 and 5-12.

For more information or to register for any of these Holy Ghost Prep 2019 Summer Camps, please visit **www.holyghostprep.org/summer.**

2019 Summer Camps At-A-Glance

Camp	Contact	June 10 - 14	June 17 - 21	June 24 - 28	July 1 – 5	July 8 - 12	July 15 - 19	July 22 - 26	July 29 - August 2	August 5 -9
Enrichment	HGP Admissions									
Forensics	Patrick McGhee									
Baseball	Greg Olinski									
Tennis	Justin Goulet									
Track and Field	Hugh Mundy									
Basketball	Tony Chapman									
Lacrosse	Ryan Tessler									
Soccer	Davey Simpson									
Rock Band Camp	Pete Devine									
Ultimate Frisbee	Tom Croskey									
Learn to Row	JD Bridges									
Drama	The Drama Club									



Office of Admissions 2429 Bristol Pike Bensalem, PA 19020

www.holyghostprep.org

Holy Ghost Prep Summer Camps 2019

Beginning June 10 through August 9