

HOLY GHOST PREP ROWING FALL 2022



ONE HEART, ONE MIND, ONE CREW

Holy Ghost Prep Rowing executed a busy Fall Season after lots of growth throughout the summer. The team offered the Firebird Rowing Club over the summer for the first time to continue training. We will be expanding that program to winter training as well. HGP Rowing welcomed a large Freshman/Novice class during the fall season! The team did a tremendous job navigating the low water levels at Core Creek all fall.

COACHES
ALLISON BOEHM
JOHN BOEHM

Holy Ghost Rowing had a full race season. The team traveled to Pittsburgh to race at Head of the Ohio. We raced locally at the Schuylkill River and Mercer lake including Head of the Schuylkill, Hidden River Chase, Frostbite Regatta and the Bill Braxton Memorial Regatta. The team is ready to gain some more speed in the erg room over the winter!



FALL 2022

VARSITY ROSTER



SENIORS

BRANDON FEY
MATT HUOT-**CAPTAIN**
EVAN MANNA
MATT MCKEOWN
COLE SMILEY

JUNIORS

THOMAS CONOSCENTI
NATE CROWTHER
JUSTIN GLABICKI
LIAM MURPHY
OWEN SCHWARTZ
WIL WEIDLE

JUNIORS

JEB BANNON
JACK DOBBINS
TYLER FEY
LIAM KEARNY
ANTHONY MARRERO-**CAPTAIN**
CHASE MATTHEWS
TOMMY QUINTIERI
PATRICK TAVERNIER

FALL 2022

NOVICE ROSTER



CILLIAN BINDER
DYLAN BOLOGNONE
GREYDON EL-HABR
ANDREW HILINSKI
TONY JESIOLOWSKI
DANNY KAWASH
AYDEN KOBRYN
THOMAS KOHLER

ANTHONY MARINO JR
CHRIS NOTO
ROBERT PAWLOWSKI
MATTHEW PIENKOWSKI
PATRICK PHILLIPS
ANDREW RACZ
LOGAN SULLIVAN
CJ URBAN
LUCIANO VOLPE

FALL EVENTS

SPARTAN RACE

The team participated in a Spartan Race at Citizens Bank Park. They completed an obstacle course challenge and ran 3 miles! Amazing time for team bonding and a little bit of cross training!



CAPTAINS CHALLENGE

The team participated in the Captains Challenge completing multiple tasks around Core Creek Park. This challenge helps in choosing a captain for the team, allowing the candidates to show the spirit of brotherhood and leadership!



FALL EVENTS

PITTSBURGH TRIP

Before racing at Head of the Ohio, the team was able to tour Duquesne University, Carnegie Mellon and Pittsburgh University!



RING MASS

After a day of racing at Hidden River Chase, the juniors were able to have a special ring mass at the park along with their parents and teammates. Congrats Juniors!



FIREBIRD THROWDOWN

To close out the fall season, the team participated in an in-house erg competition. They raced each other to become the Firebird Throwdown Champion. Cole Smiley came out on top!

FALL RACES

HEAD OF THE OHIO

PITTSBURGH, PA | OCTOBER 2ND, 2022

V2- A

3rd

2- Anthony M.
1- Cole

V2- B

4th

2- Patrick T
1- Evan

V4+

12th

C- Matt H.
4- Evan
3- Cole
2- Anthony M
B- Patrick T

V4+ B

16th

C- Nate
4- Liam M
3- Matt M
2- Brandon
B- Thomas

N4+

1st

C- Owen
4- Thomas K
3- Greydon
2- Tony
B- Chris

U17 4+

5th

C- Patrick P
4- Justin
3- Tommy
2- Jack
B- Tyler



N4+

3rd

C- Owen
4- Thomas K
3- Graydon
2- Tony
B- Chris

JV4+

24th

C- Nate
4- Chase
3- Tommy Q
2- Liam M
B- Patrick T

HEAD OF THE SCHUYLKILL REGATTA

PHILADELPHIA, PA | OCTOBER 30TH, 2022

V4+

57th

C- Liam K
4- Brandon F
3- Matt M
2- Jack D
B- Tyler F

V4+

39th

C- Matt H
4- Evan
3- Cole S
2- Anthony M
B- Thomas C

F4+ A

19th

C- Luci
4- Ayden
3- Danny K
2- Logan S
B- Cillian

F4+ B

24th

C- Phillips
4- Anthony
3- Dylan
2- Andrew
B- CJ

FALL RACES

HIDDEN RIVER CHASE

PHILADELPHIA, PA | NOVEMBER 6TH, 2022

<u>JV4+ A</u> 8th	<u>JV4+ B</u> 2nd	<u>JV4+ C</u> 4th	<u>JV4+ D</u> 7th	<u>V2- A</u> 3rd	<u>JV2- B</u> 1st
C- Matt H 4- Brandon F 3- Matt M 2- Jack D B- Tyler F	C- Owen 4- Thomas K 3- Greydon 2- Tony B- Chris	C- Phillips 4- Ayden 3- Danny K 2- Logan S B- Cillian	C- Luci 4- Anthony 3- Dylan 2- Racz B- CJ	2- Anthony M. 1- Cole	2- Liam 1- Tommy Q
				<u>JV2- A</u> 3rd	<u>JV2- C</u> 2nd
				2- Evan 1- Thomas C	2- Chase 1- Patrick



FROSTBITE REGATTA

MERCER, NJ | NOVEMBER 12TH, 2022

<u>V4+ A</u> 4th	<u>V4+ B</u> 6th	<u>JV4+ A</u> 2nd	<u>V4+ B</u> 1st
C- Matt H 4- Evan 3- Cole S 2- Anthony M. B- Thomas C	C- Liam K 4- Brandon F 3- Matt M 2- Jack D B- Tyler F	C- Owen 4- Thomas K 3- Greydon 2- Tony B- Chris	C- Nate C 4- Chase 3- Tommy Q 2- Liam M B- Patrick T

FALL RACES

BILL BRAXTON REGATTA

MERCER, NJ | NOVEMBER 13TH, 2022

V4+ A

1st in PF

C- Matt H

4- Evan

3- Cole S

2- Anthony M.

B- Thomas C

V4+ B

2nd in PF

C- Liam K

4- Brandon F

3- Matt M

2- Jack D

B- Tyler F

JV4+ A

3rd

C- Owen

4- Thomas K

3- Greydon

2- Tony

B- Chris

V4+ B

4th

C- Nate C

4- Chase

3- Tommy Q

2- Liam M

B- Patrick T



UPCOMING EVENTS

Winter Erg Practice resumes:

Monday, January 9th, 2023

SPRING ROWING INFORMATION ZOOM MEETING

January 9th, 2023 @ 7:30PM

**Class of 2027 Welcome Parade. Parents are
welcome!**

January 10th, 2023 @ 5:30PM

Erg-A-Thon!

January 21st, 2023

