Holy Ghost Prep Summer Camps 2018

Tennis
Baseball
Ultimate Frisbee
Lacrosse
Rock Band
Drama
Enrichment
Track and Field
Basketball
Forensics
Soccer
Learn to Row
Summer Enrichment

Dates: June 25 - July 27, 2018
Students may choose 3, 4, or 5 weeks
Times: 9 a.m. - 2 p.m.
Location: Holy Ghost Prep
Director: Mr. Joe Gdovin
Cost:
3 – Week Program: $600
   Lunch program: $120
4 – Week Program: $800
   Lunch program: $150
5 – Week Program: $1,000
   Lunch program: $180

Information about the lunch program and a lunch menu will be sent upon registration.

Contact: admissions@holyghostprep.org
215-639-2102, ext. 242

Who:
Students (male and female) entering the 7th or 8th grade in Fall 2018. The Holy Ghost Prep summer program welcomes all students regardless of race, color, religious beliefs, sex, or national or ethnic origin.

What:
Whether acquiring new math skills, preparing for a practice examination or improving reading comprehension and writing skills, students will be challenged to grow at the Holy Ghost Prep Summer Academic Enrichment Program. Through hands-on activities, small class sizes, and challenging curriculum, students will gain new academic skills and confidence while enjoying their summer.

Courses:
The program will offer courses in math, english, communications, and science with a focus on: entrance exam preparation; computer literacy; and laboratory experience.
Math

An intensive five-week entrance exam preparation! Students will acquire problem solving and quantitative thinking skills. Topics will include: word problems, operations, series and sequences, and certain algebraic and geometric concepts.

English

An intensive five-week entrance exam preparation! Lessons and activities will improve students’ reading comprehension and writing skills. Topics will include: vocabulary, synonyms, antonyms, analogies, grammar, structure, and the writing process.

Activities

The summer is not all work! Each day, students will be given the opportunities to get outside and enjoy themselves in a variety of team and individual activities. Students will develop teamwork, confidence, and sportsmanship while making new friends.

Communications

Through this extensive communications course, students will be taught how to write and deliver a variety of speeches to their classmates. Speeches will include: Introduction speech, sales speech, tribute speech, and debate.

Science

The science program is designed as an introductory laboratory experience. Through hands-on projects, students will learn important scientific theories while exploring the physical world around them. Basic biology and chemistry will be highlighted during these five weeks.
Sportsmanship
Baseball

Dates: June 18 – June 22, 2018  
Times: 9 a.m. – 3 p.m.  
Location: Bensalem Ramblers Baseball Complex  
Director: Vince Rossomando  
Cost: $200  
Contact: 215-639-2102, ext. 242  
vrossomando@holyghostprep.org

Varsity head coach Vince Rossomando is joined by the HGP coaching staff and current and former varsity players to direct and counsel at the HGP baseball camp this summer. The methods and skill building techniques that we use at camp establish the fundamentals necessary to prepare the camper for his maximum achievement level. To that end, five former players are currently playing at Division I colleges and our 2011 and 2016 graduates, Jim McDade and Nolan Jones, are chasing their dreams in the San Diego Padres and Cleveland Indians organizations, respectively. Individual instruction and team competition highlight each day culminating in the popular skills competition on Friday. Join the fun.

Tennis

Dates: June 25 – June 29, 2018  
Times: 9 a.m. – 2 p.m.  
Location: Bensalem High School Courts  
Director: Justin Goulet  
Cost: $235  
Contact: 215-639-2102, ext. 242  
jgoulet@holyghostprep.org

The HGP tennis camp will be held at the Bensalem High School tennis courts at 4319 Hulmeville Road, Bensalem, PA 19020. USPTA certified teaching professional and current HGP head tennis coach Justin Goulet will run the camp with assistance from HGP junior varsity tennis coach Tom Eckerle and a highly qualified staff of top collegiate and high school players. Campers should come dressed to play with their own racquets. The camp will feature a combination of stroke production, strategic drills, and match play. Both boys and girls will greatly benefit from the camp.

Track and Field

Dates: July 30 – August 3, 2018  
Times: 9 a.m.-3 p.m.  
Location: Holy Ghost Prep  
Director: Hugh Mundy  
Cost: $190  
Contact: 215-639-2102, ext. 242

The emphasis of the camp is on boy and girl athletes enjoying a positive experience having fun, developing leadership skills, and learning about all aspects of track and field, including the personal traits needed to be successful in sports, school, and life.

Coach Hugh Mundy and high school coaches John Mundy, Joe Gdovin, Steve Harnish, and Chuck Lumio will instruct athletes in all areas of track and field. They will be assisted by Holy Ghost graduates
and current track and field athletes. The staff also includes female athletes from area all-girls high schools.

Athletes will participate in the jumps, throws, sprints, hurdles, relays and distance events. Grouped by age and gender, athletes will rotate through stations to learn about various events and topics. The daily schedule includes warm up activities, event explanation and skill practice, film study, discussions on various aspects of track and field including mental preparation, diet, rest, and an introduction to weight training. The camp will end with a mini-meet and awards will be given to the top participants.

**Basketball**

**Dates:** July 9 – July 13, 2018  
**Times:** Monday – Thursday, 9 a.m. – 3 p.m., Friday, 9 a.m. – 2:30 p.m.  
**Location:** Holy Ghost Prep  
**Director:** Tony Chapman  
**Cost:** $200  
**Contact:** 215-639-2102, ext. 242  
**tchapman@holyghostprep.org**

Holy Ghost Prep head coach Tony Chapman will conduct his 39th camp with the aid of the HGP coaching staff plus current and former HGP players. Both boys and girls are invited and the camp staff will consist of both male and female counselors. Campers should come dressed to play. Individual instruction, a personal evaluation, and an emphasis on fundamentals will be the focus of the camp. Past guests have included: Phil Martelli, Head Coach of St. Joseph’s University and Fran Dunphy, head coach of Temple University. Come check out our Basketball Camp — YOU WILL NOT BE DISAPPOINTED!

**Soccer**

**Dates:** July 16 – July 20, 2018  
**Times:** 9 a.m. – 3 p.m.  
**Location:** Holy Ghost Prep  
**Director:** David Simpson  
**Cost:** $225 Full Day; $150 Half Day  
**Contact:** 215-639-2102, ext. 242 or 215-290-0278

The purpose of this camp is to develop the skills of individual players within the concepts of teamwork and sportsmanship. Our goal is to help each player improve his or her skills and knowledge of the game and to help them be the best player they can be. Morning sessions will focus on individual instruction such as foot skills and small-sided play. The afternoon sessions will focus on futsal, team play and competitions. Each camper will receive a camp T-shirt.

Players are required to wear shin guards and soccer cleats. Please dress appropriately for the warm weather. Sneakers should be packed and brought each day for activities in the field house.

HGP camp director and associate head coach David Simpson holds licenses from the USSF, NSCAA, Coerver Coaching, Brazilian CBF, Scottish FA and UEFA. Simpson has coached at various levels throughout the USA and Europe including State & Regional ODP, NCAA Division I, ODP National Champions, Assistant Director of Coaching of a youth club as well as boys and girls high school teams.

**Ultimate Frisbee**

**Dates:** July 23 – July 26, 2018  
**Times:** 6 p.m. – 8 p.m.
alums who compete at the collegiate level and will also be there as counselors, offering expertise in defense, dodging, shooting, faceoffs, goalie play and stick skills. Campers will get to experience the HGP Varsity Experience learning from counselor demos, video and competition.

All campers should provide their own equipment including: helmet, gloves, elbow pads, shoulder pads, stick, cleats/sneakers, water bottle, and a mouth guard.

Learn to Row

Dates: June 18 – 22, 2018
Times: 8 a.m. – 12 p.m.
Location: Core Creek Park, Langhorne, PA (boat ramp)
Director: J. D. Bridges
Cost: $325
Contact: 215-639-2102, ext. 242 or 615-975-4330
jbridges@holyghostprep.org

Holy Ghost Prep’s Ultimate Frisbee head coach Tom Croskey is hosting a week-long Ultimate Frisbee camp this summer for all levels of play. With the help of current players and alumni, camp participants will have the opportunity to learn everything necessary to play and compete at the highest level of one of the fastest growing team sports in America. No experience is necessary.

Counselors will teach everyone how to flick, huck, cut, mark, stack, and run a few different zone defenses. Take this opportunity to learn the basics, to enjoy the feeling of running down a long floating disc, or to get a head start on competitive high school Ultimate Frisbee.

Lacrosse

Dates: June 25 – June 28, 2018
Times: 6 p.m. – 8 p.m.
Location: Holy Ghost Prep
Director: Ryan Tessler
Cost: $180
Contact: 215-639-2102, ext. 242 or 516-835-5561
rtessler@holyghostprep.org

HGP lacrosse camp, directed by Ryan Tessler, features past HGP
where Holy Ghost Prep and Villa Joseph Marie HS practice during the year. Coaches include HGP’s head coach and VJM director of rowing J. D. Bridges and other coaches from both schools, as well as current athletes and alums from both programs.

Campers interested in Learn to Row with HGP must be at least 5 feet tall and be able to swim

Forensics

Dates: July 30 – August 3, 2018
Times: 9 a.m. – 12 p.m.
Location: Holy Ghost Prep
Director: Patrick McGhee
Cost: $250
Contact: 215-639-2102, ext. 242
pmcghee@holyghostprep.org

Learn to speak with confidence and passion with a nationally-ranked speech and debate team. Through improv games, vocal coaching, and acting workshops, our award-winning team members will lead you to be nail that presentation, impress that paramore, or win the final round.

Come spend the week of July 30th to August 3rd with us!

Summer Rock Band

Dates: June 25 – 29, 2018
Times: 2 p.m. – 5 p.m.
Location: Holy Ghost Prep
Director: Mr. Peter Devine

Cost: $175
Contact: 215-639-2102, ext. 242
pdevine@holyghostprep.org

This camp is designed for the developing young musician who is interested in learning the Rock Idiom. The program is open to boys and girls in grades 6 – 8 as well as high school students. Large ensemble, music theory, individual coaching, and small ensembles are all part of this learning experience. The emphasis of the program will be on traditional rock band Instruments. However, all instrumentalists and singers are welcomed and encouraged to attend.

Drama

Dates: August 6 - 10, 2018
Times: 9 a.m. – 12 p.m.
Location: Frederico Performing Arts Theater, Holy Ghost Prep
Director: Jessica Ciaramella
Cost: $150
Contact: 215-639-2102, ext. 242
jessica.ciaramella@gmail.com

Whether you’re a seasoned performer or new to the stage, this camp will develop your acting skills, build your creativity, and further your appreciation for theater. Play improv games, write original monologues, analyze scenes, build characters, and learn new acting techniques in Holy Ghost’s brand new Frederico Performing Arts Theater. This camp is open to boys and girls entering grades 8 – 12.

To register for any of these Holy Ghost Prep 2018 Summer Camps, please visit www.holyghostprep.org/summer.
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